

JOIN US AS WE WALK 5KM FOR SYRIAN REFUGEES

WALK & FREE IFTAR

6.30PM - 9.30PM

Birmingham | Cannon Hill Park Saturday 18th June

> Leicester | Abbey Park Sunday 19th June

Bradford | Lister Park Saturday 25th June

Manchester | Heaton Park Sunday 26th June

> London | TBC Saturday 2nd July

THIS RAMADAN, WALK, FAST & PRAY FOR SYRIAN REFUGEES.

5 years on and the humanitarian crisis in Syria continues to escalate. Millions of ordinary Syrians have lost their loved ones and have fled from the rubble of what was once their homes. Left with nothing but the clothes on their back; Muslim Hands is providing healthcare, regular food distributions and education.

Bring your family and join us as we brave the hunger and thirst during Ramadan to walk 5km for Syrian Refugees.

LET'S GET STARTED



- 1 Sign Up Now at muslimhands.org.uk
- Raise a minimum of £100 Sadaqah & Zakat donations welcome
- 3 Spread the word Ask your family and friends to sign up
- Complete the walk with hundreds of people across the UK



HOW CAN I REGISTER?

Register online by visiting muslimhands.org.uk or call 0115 9117 222

or complete the form and send to Muslim Hands, 148 Gregory Boulevard, Nottingham, NG7 5JE

Title:	First Name:			
Last Name:				
Address:	X		X	×
City:				
Postcode:				
Email:				
Tel Number:		Y		
Walk Location:				
T-shirt Size:				